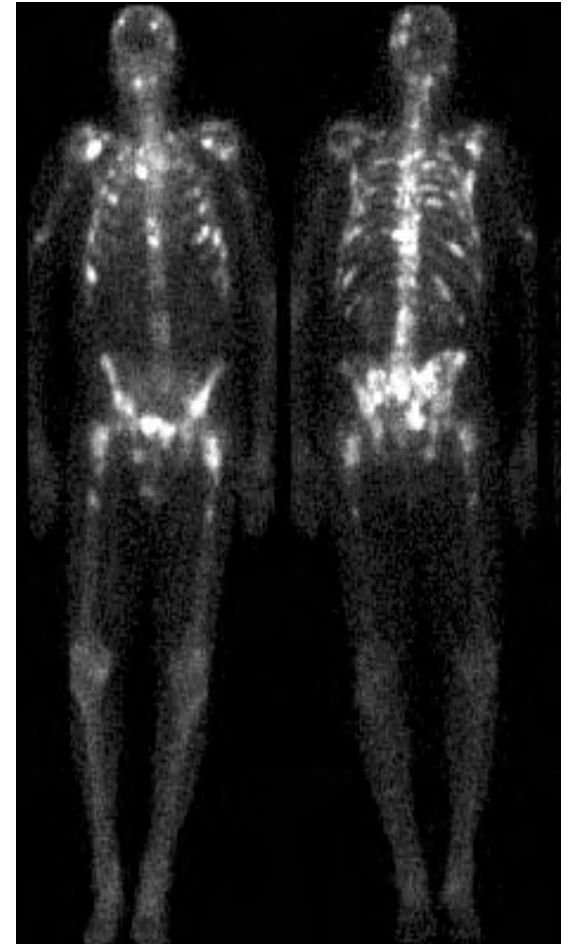


# Prostate cancer 101, 2007

Kenneth J. Pienta, MD, FACP

Professor of Medicine and Urology,  
American Cancer Society Clinical  
Research Professor  
The University of Michigan



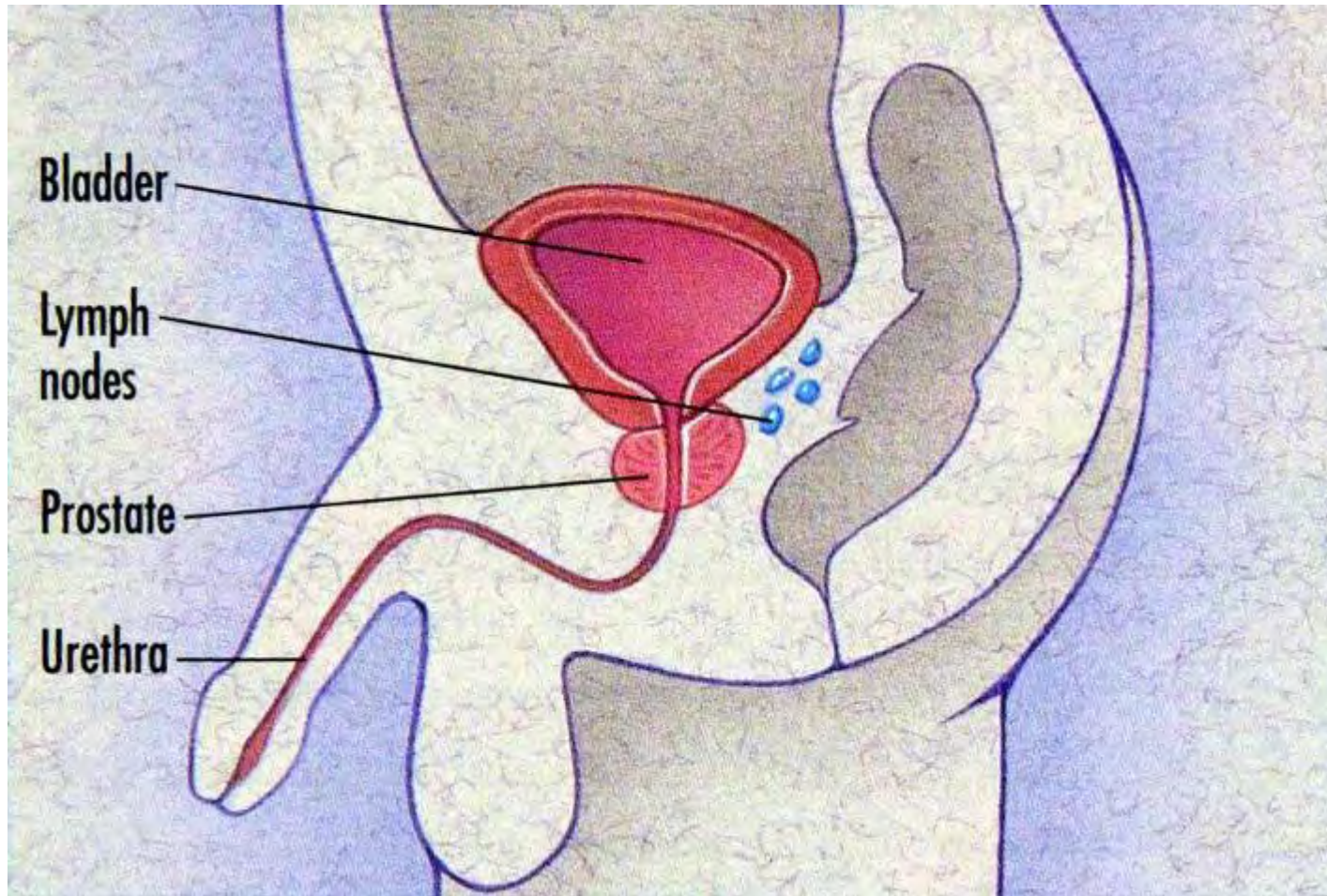
## Five-year Relative Survival (%)\* during Three Time Periods By Cancer Site

<b>Site</b>	<b>1974-1976</b>	<b>1983-1985</b>	<b>1995-2001</b>
• All sites	50	53	65
• Breast (female)	75	78	88
• Colon	50	58	64
• Leukemia	34	41	48
• Lung and bronchus	12	14	15
• Melanoma	80	85	92
• Non-Hodgkin lymphoma	47	54	60
• Ovary	37	41	45
• Pancreas	3	3	5
• Prostate	67	75	100
• Rectum	49	55	65
• Urinary bladder	73	78	82


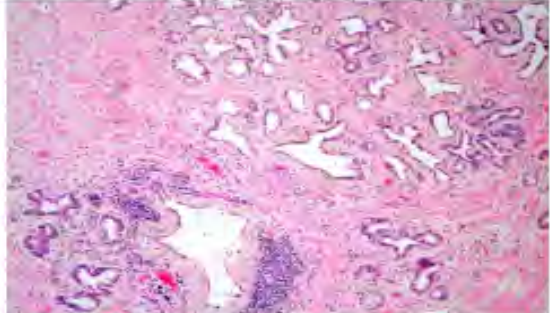

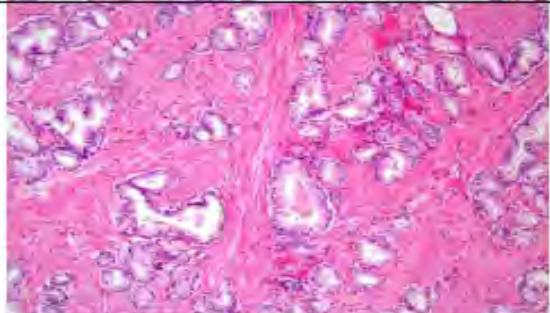
\*5-year relative survival rates based on follow up of patients through 2002.

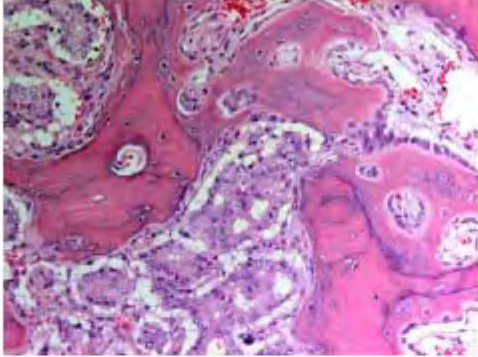
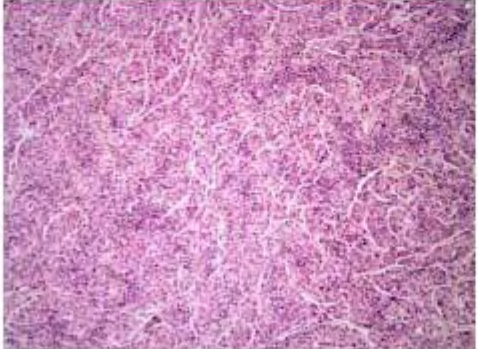
Source: Surveillance, Epidemiology, and End Results Program, 1975-2002, Division of Cancer Control and Population Sciences, National Cancer Institute, 2005.

# PROSTATE ANATOMY





Disease State	Histology (10x)	Description
Normal prostate		<p>Large glands with papillary infoldings that are lined with a 2-cell layer consisting of basal cells and columnar secretory epithelial cells with pale cytoplasm and uniform nuclei</p> <p><b>Susceptibility genes or events:</b>  <i>HPC1/RNASEL, HPC2, HPC20, HPCX, MSR1, PCAP, CAPB</i></p>
Proliferative inflammatory atrophy (PIA)		<p>Atrophic glands have scant cytoplasm and hyperchromatic nuclei and occasional nucleoli</p> <p><b>Susceptibility genes or events:</b>  Loss of <i>NKX3.1, PTEN, CDKN1B</i></p>
Prostatic intraepithelial neoplasia (PIN)		<p>Intermediate to large size glands with proliferative changes contained within the gland</p> <p><b>Susceptibility genes or events:</b>  <i>GSTP1</i> hypermethylation; Increased hepsin, <i>AMACR, TMPRSS2:ETS</i>  Loss of <i>p27</i>,</p>
Prostate cancer		<p>Small glands with abnormal nuclei and nucleoli; 2-cell layer architecture as well as glandular architecture; glands fuse as grade increases</p> <p><b>Susceptibility genes or events:</b>  Loss of <i>Rb</i></p>

<p>Metastatic prostate cancer</p>		<p>Nests of cancer cells within the bone</p> <p><b>Susceptibility genes or events:</b>  mutation of <i>TP53</i>; Decreases in <i>E-cadherin</i>, <i>nm23</i>, <i>KAI1</i>, <i>CD44</i>;  Increase in <i>EZH2</i></p>
<p>Androgen independent prostate cancer</p>		<p><b>Susceptibility genes or events:</b></p> <p>AR amplification, AR promiscuity, phosphorylation of AR by non-androgen growth factors, up-regulation of <i>bcl-2</i>, stem cell repopulation</p>



# HOW COMMON IS PROSTATE CANCER?

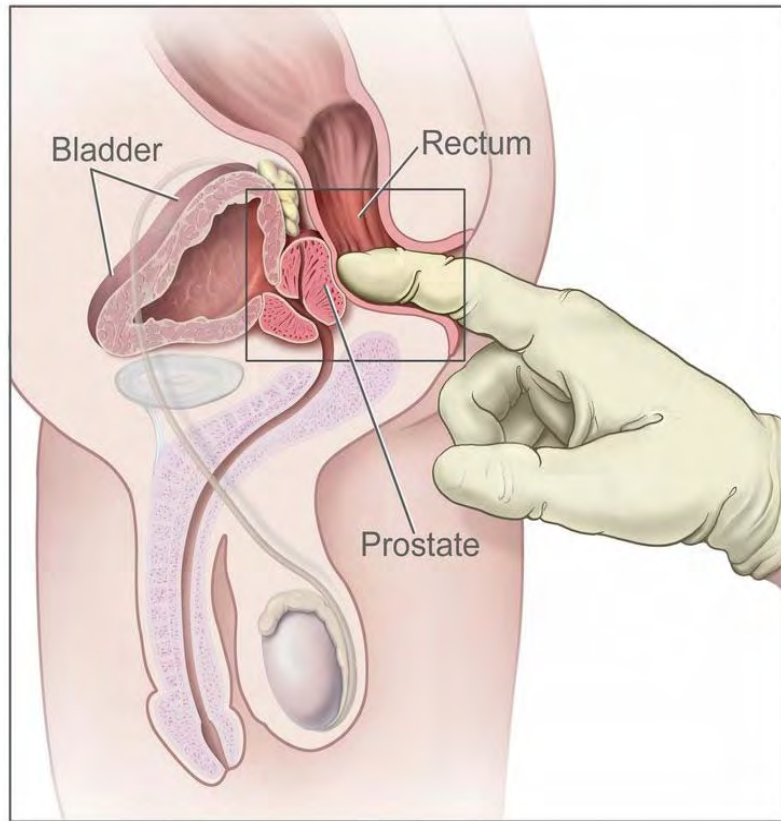


Fill up UM Stadium with just men, then fill it up again, then fill up the Palace and THEN you have the number of men diagnosed with prostate cancer every year

# PROSTATE CANCER

- INCIDENCE: 230,000 men diagnosed/year
  - # 1 cancer in men
  - One every 3 minutes
- DEATHS: 30,000 men die each year
  - # 2 cancer in men
  - One every 16 minutes

# Prostate Cancer Detection



1. Digital rectal exam (dreaded DRE)
2. PSA (Prostate Specific Antigen)



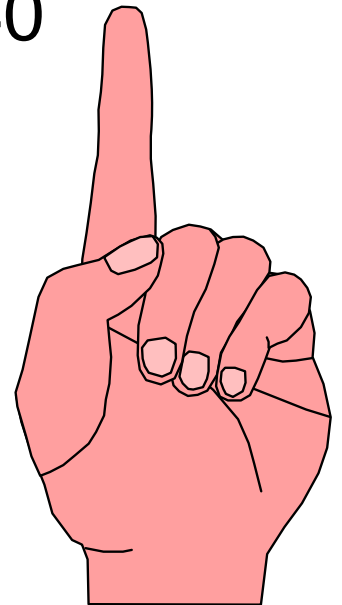
# Prostate Cancer Screening: Old guidelines

DRE and PSA every year starting at age 50  
Until patient is deemed to have < 10 yrs to live

If African American or + FH start at age 40

PSA > 4.0 or + DRE = Biopsy  
(0.75ng/ml per yr rise)

\* Endorsed by the AUA and the ACS, not the AMA or NCI



# Prostate Specific Antigen

A serine protease

In the blood, binds to proteins (70-95%)

In the range of 2.5-15 ng/ml, the free/total PSA improves cancer detection

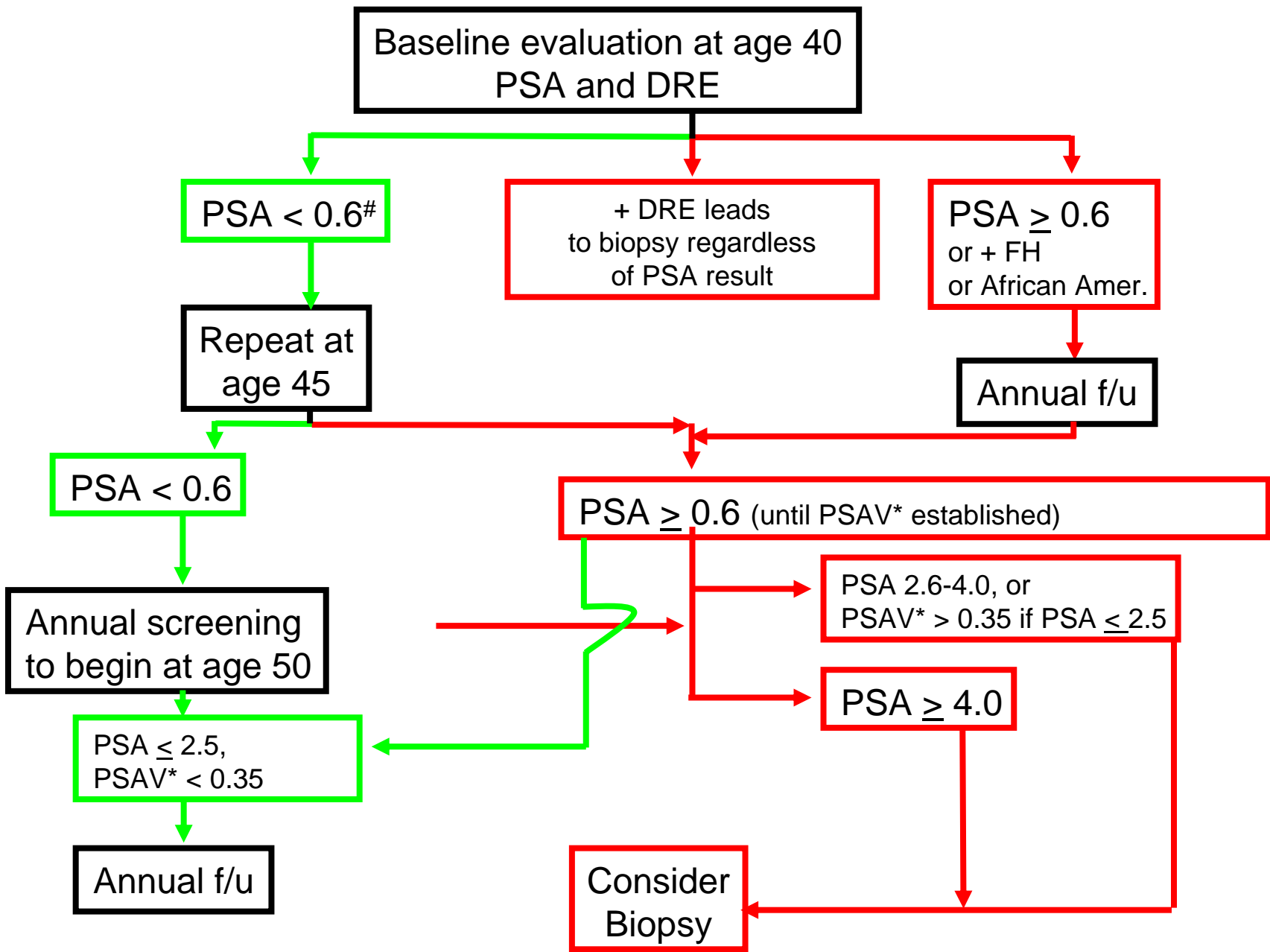
The higher the ratio, the less likely the patient has cancer

Cancer risk = 55% if <10% % fPSA

Cancer risk = 5% if >25% % fPSA

# Primary Prostate Cancer Work-up

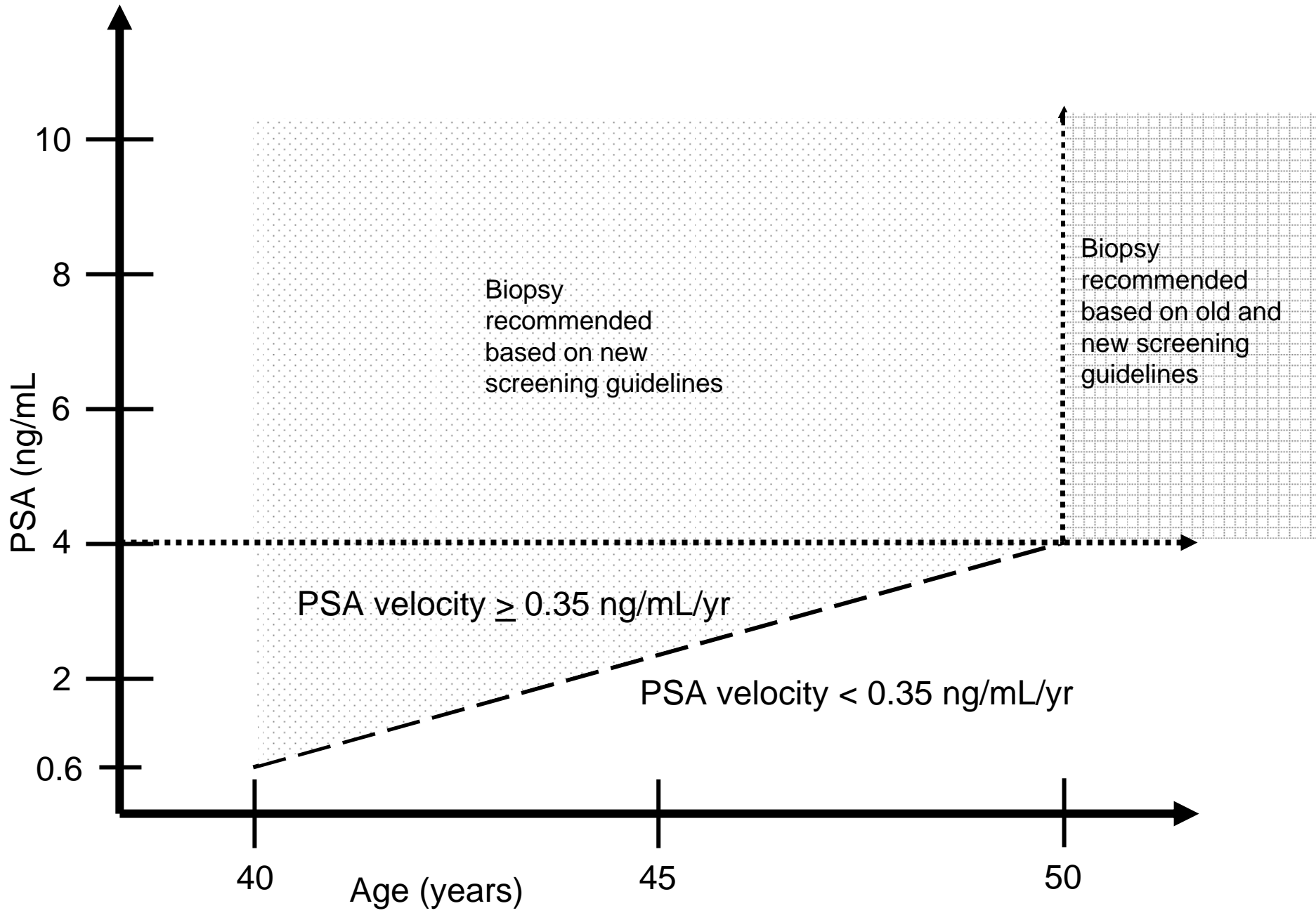
- PSA = 4-10: Ultrasound + sextant biopsies
  - NO bone scan, CT scan necessary
  - If Gleason Score 8-10, add bone scan and CT scan
- DRE +: Ultrasound + biopsies
- PSA > 10: US + biopsies + bone scan and CT scan of abdomen and pelvis



#PSA value in ng/mL

\*PSAV = PSA velocity measurement in ng/mL/year. Measurements should be made on at least 3 consecutive specimens drawn over at least an 18-24 month period.





- *We are on the verge of accusing 1 in 5 men of having prostate cancer.*
  - *H. Ballentine Carter, MD*
  - *Prouts Neck, ME*
  - *November 2, 2006*

# FABLE FOR PROSTATE CANCER



There once was a pen  
with a turtle, a bird, and a  
rabbit in it.



# FABLE FOR PROSTATE CANCER



- The turtle is like slow growing PCa—it will just stay there

The problem is that these often get diagnosed with screening and treated aggressively (or even non aggressively) when they don't need treatment



# FABLE FOR PROSTATE CANCER



- The bird is like fast growing PCa—it flies out of the pen (spreads very quickly)

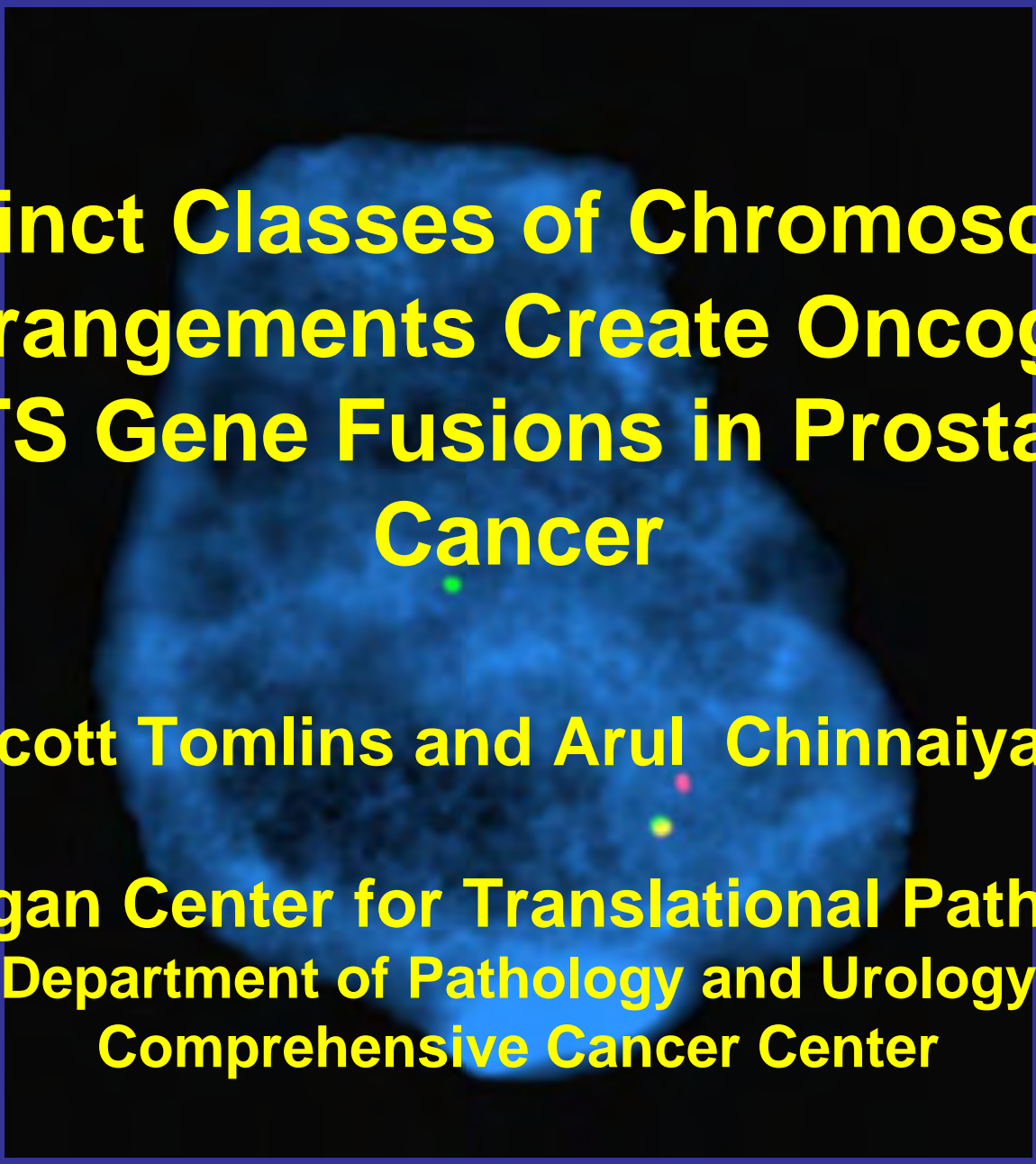
The problem is these PCa are less likely to be detected with screening and are locally advanced or metastatic even at diagnosis and current treatments may not be aggressive or effective enough

# FABLE FOR PROSTATE CANCER



- The rabbit is like moderate risk PCa which stays in the prostate for a while but eventually will jump out the prostate

The problem with these is that even though screening and treatment may work, the side effects of the treatment are substantial and need to be diminished



**Distinct Classes of Chromosomal  
Rearrangements Create Oncogenic  
ETS Gene Fusions in Prostate  
Cancer**

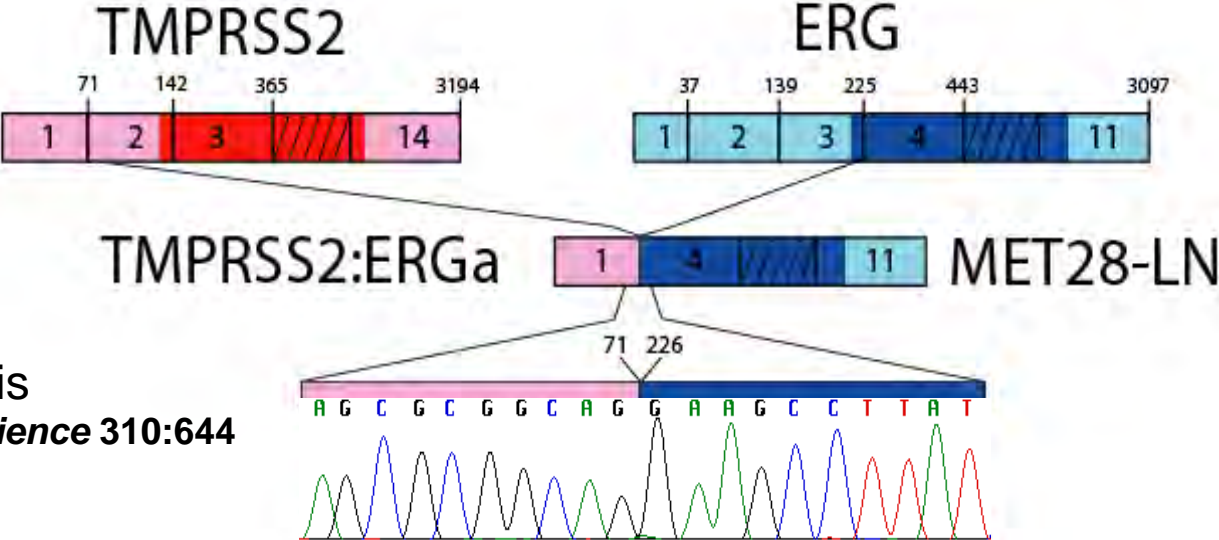
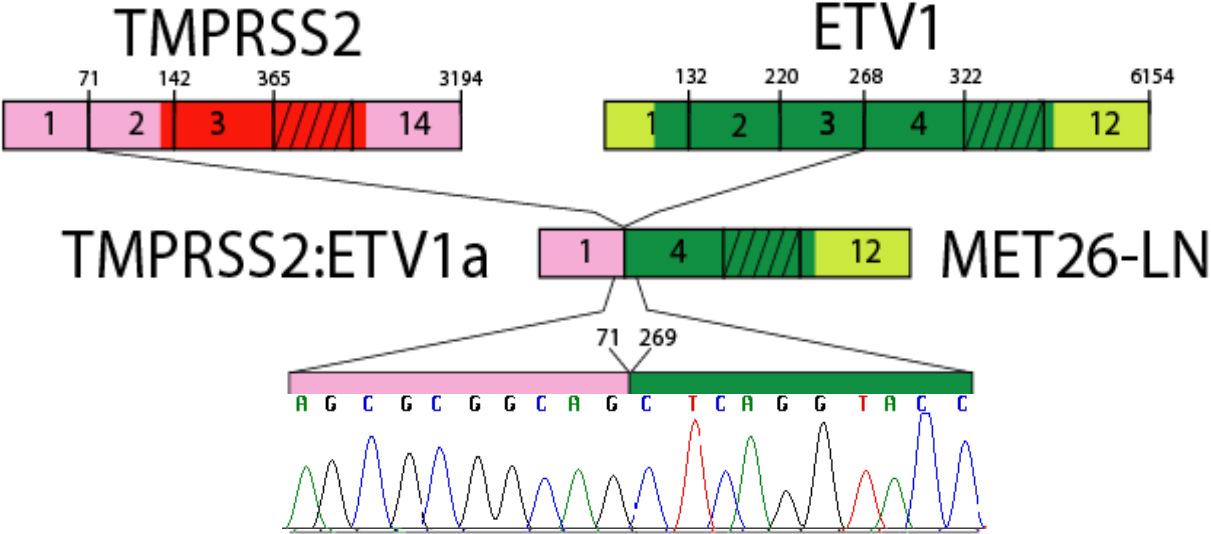
**Scott Tomlins and Arul Chinnaiyan**

**Michigan Center for Translational Pathology  
Department of Pathology and Urology  
Comprehensive Cancer Center**



University of Michigan  
Medical School

# Fusions of TMPRSS2 to the ETS Family of Transcription Factors



COPA analysis  
 Tomlins et al *Science* 310:644

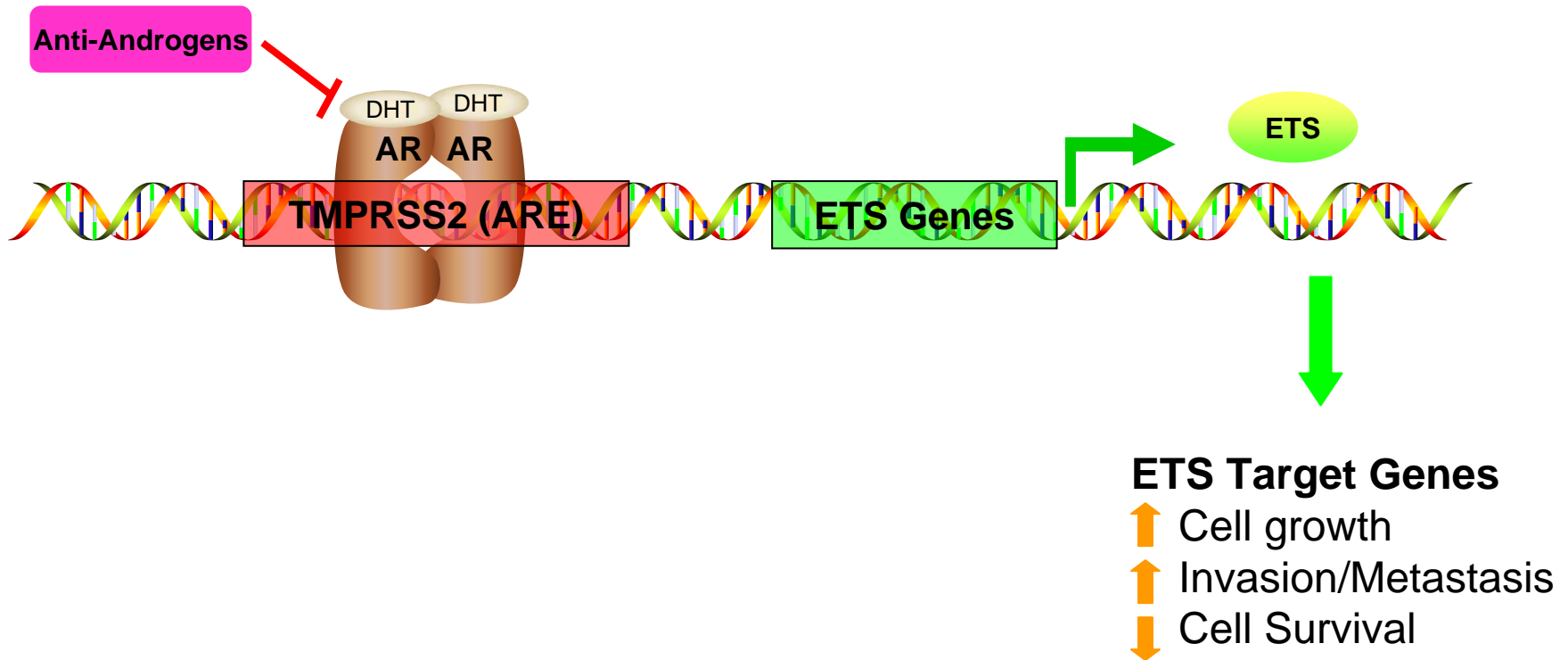




# ETS Family Members

- Nuclear transcription factors
- Implicated in Ewing's sarcoma and AML as recurrent gene fusions  
(TEL, Fli-1, ERG, ETV1, PEA3)
- Have been shown to be oncogenic when over-expressed
- Bind to ETS consensus sequence

# A Molecular Basis for Prostate Cancer



AR= androgen receptor  
ARE= androgen response element  
DHT= dihydrotestosterone  
ETS= ETS family of transcription factors (ERG/ETV1)

# Molecular Subtypes of Prostate Cancer

- ~ 70% of North American prostate cancers have **TMPRSS2 gene fusions**

50-70%      **TMPRSS2-ERG**

TMPRSS2-ERG with deletion (50-60%)

TMPRSS2-ERG without deletion (40-50%)

About 15 variant fusion transcripts

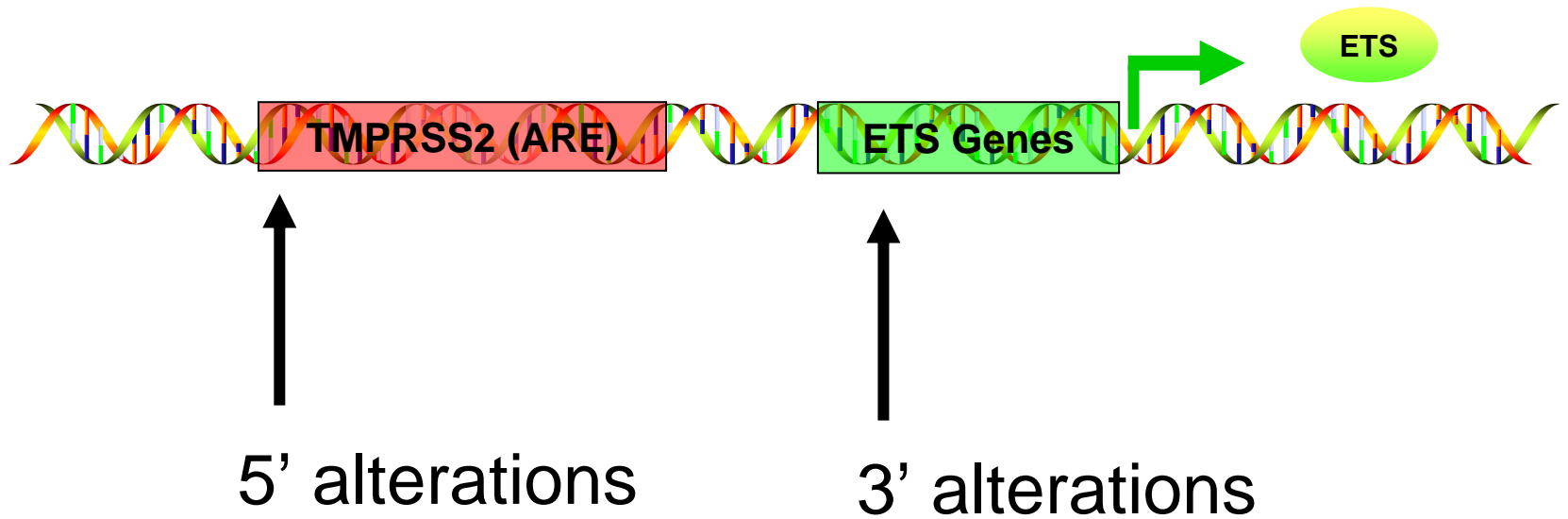
~5%      **TMPRSS2-ETV1**

~1%      **TMPRSS2-ETV4**






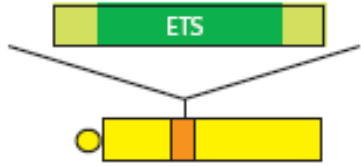
~1%      **Other ETS family members?**

- ~30% **Negative for TMPRSS2 fusions**

# TMPRSS2-ETS: Prototype Gene Fusion in Prostate Cancer



# Distinct Classes of Chromosomal Rearrangements Create Oncogenic ETS Gene Fusions in Prostate Cancer

Class	Prototypes	Prostate specific	Androgen regulation	Fusion transcript	Element type
I	 TMPRSS2:ETV1 TMPRSS2:ERG TMPRSS2:ETV4	+	Induced	+	Proximal promoter
IIa	 SLC45A3:ETV1	+	Induced	+	Proximal promoter
IIb	 HERV-K:ETV1	+	Induced	+	Retroviral element
III	 C15ORF21:ETV1	+	Repressed	+	Proximal promoter
IV	 HNRPA2B1:ETV1	-	Unchanged	+	Proximal promoter
V	 ins(7;14)(p21;q21) (LNCaP) t(7;14)(p21;q21) (MDA-PCa 2B)	+	Induced	-	Enhancer



# Molecular Subtypes of Prostate Cancer

## 5' Fusion Partners

**TMPRSS2**  
**SLC45A3**  
**HERV-K**  
**C15ORF21**  
**HNRP2AB1**  
**MIPOL1**  
**Others???**

## 3' Fusion Partners

**ERG**  
**ETV1**  
**ETV4**  
**ETS Family**  
**Others???**

# Prostate Cancer Risk Assessment: 2007

- Age, race and family history are most important recognized risk factors for PC:

*THEY CANNOT BE MODIFIED*

- Modifiable risk factors (e.g. diet) for PC:

***RISK ATTRIBUTED TO THESE  
FACTORS IS NOT HIGH***

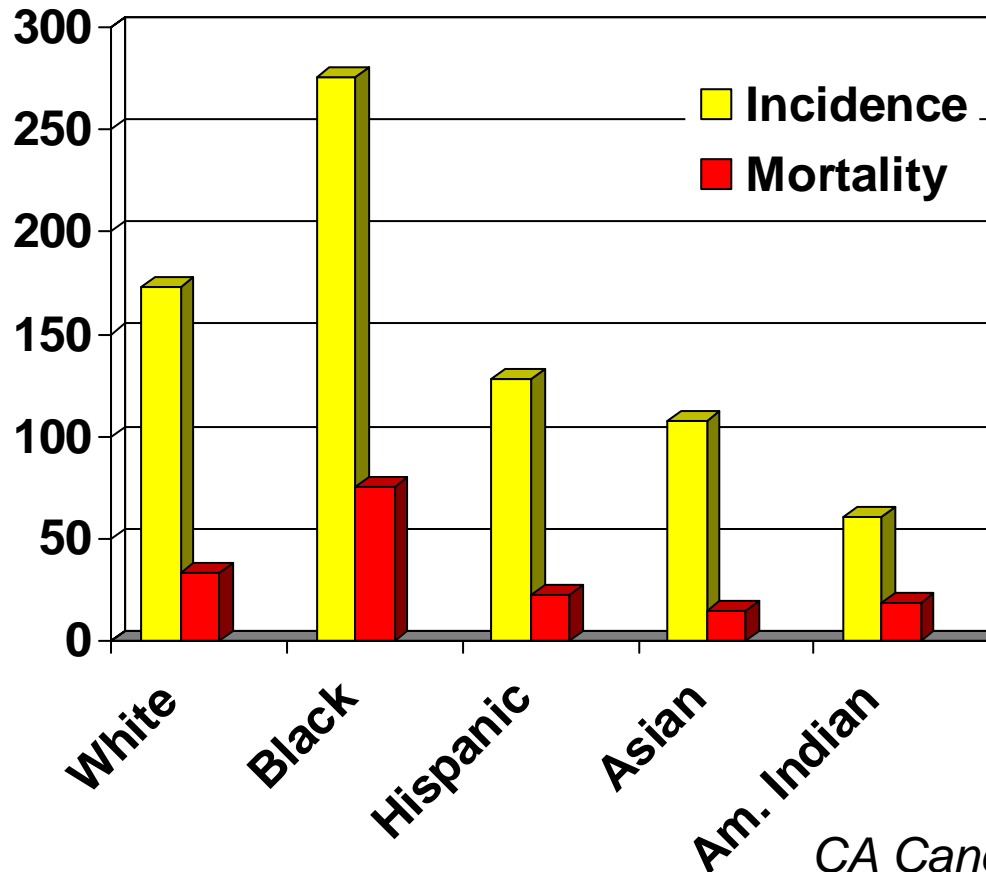
# Probability of Developing Prostate Cancer by Age

	<b>&lt; 40 years</b>	<b>40-59 years</b>	<b>60-69 years</b>	<b>Lifetime</b>
<b>% of population</b>	0.005	2.22	13.70	16.67
<b>Probability</b>	Less than 1 in 19,299	1 in 45	1 in 7	1 in 6

*CA Cancer J Clin* 2003;53(1)

# RACE AS A RISK FACTOR: US Prostate Cancer Incidence and Mortality: 1992-99

Age-adjusted rates per 100,000 population



## Cancer Sites in Which African American Death Rates\* Exceed White Death Rates\* for Men, US, 1998-2002

Site	African American	White	Ratio of African American/White
•All sites	339.4	242.5	1.4
•Prostate	68.1	27.7	2.5
•Larynx	5.2	2.3	2.3
•Stomach	12.8	5.6	2.3
•Myeloma	8.8	4.4	2.0
•Oral cavity and pharynx	7.1	3.9	1.8
•Esophagus	11.2	7.5	1.5
•Liver and intrahepatic bile duct	9.5	6.2	1.5
•Small intestine	0.7	0.5	1.4
•Colon and rectum	34.0	24.3	1.4
•Lung and bronchus	101.3	75.2	1.3
•Pancreas	15.8	12.0	1.3

\*Per 100,000, age-adjusted to the 2000 US standard population.

Source: Surveillance, Epidemiology, and End Results Program, 1975-2002, Division of Cancer Control and Population Sciences, National Cancer Institute, 2005.

# FAMILY HISTORY: Relative Risk of Prostate Cancer for First Degree Relatives of Probands

Age of Onset	1 Affected Relative	> 1 Affected Relative
50	1.9 (1.2-2.8)	7.1 (3.7-13.6)
60	1.4 (1.1-1.7)	5.2 (3.1-6.7)
70	1	3.8 (2.4-6.0)

Carter et al. *J Urol* 1993

Risk of PC influenced by:

- *No. of affected relatives*
- *Early age of prostate cancer dx within family*



# Minor risk factors: hormones

- **Androgens required for prostate growth**
- **Some epidemiologic studies show association between increased T and PC and low estradiol and PC**
- **Variants in genes that encode proteins involved in androgen biosynthesis**

# Other Minor Risk Factors

- Diet
  - Fat/meat consumption +
  - Vitamin E –
  - Soy (phytoestrogens) –
  - Lycopene –
  - Vitamin D –
- Environment
  - Pesticides +
  - Agent Orange +
- Other
  - Smoking +
  - Alcohol +/-
  - Vasectomy +

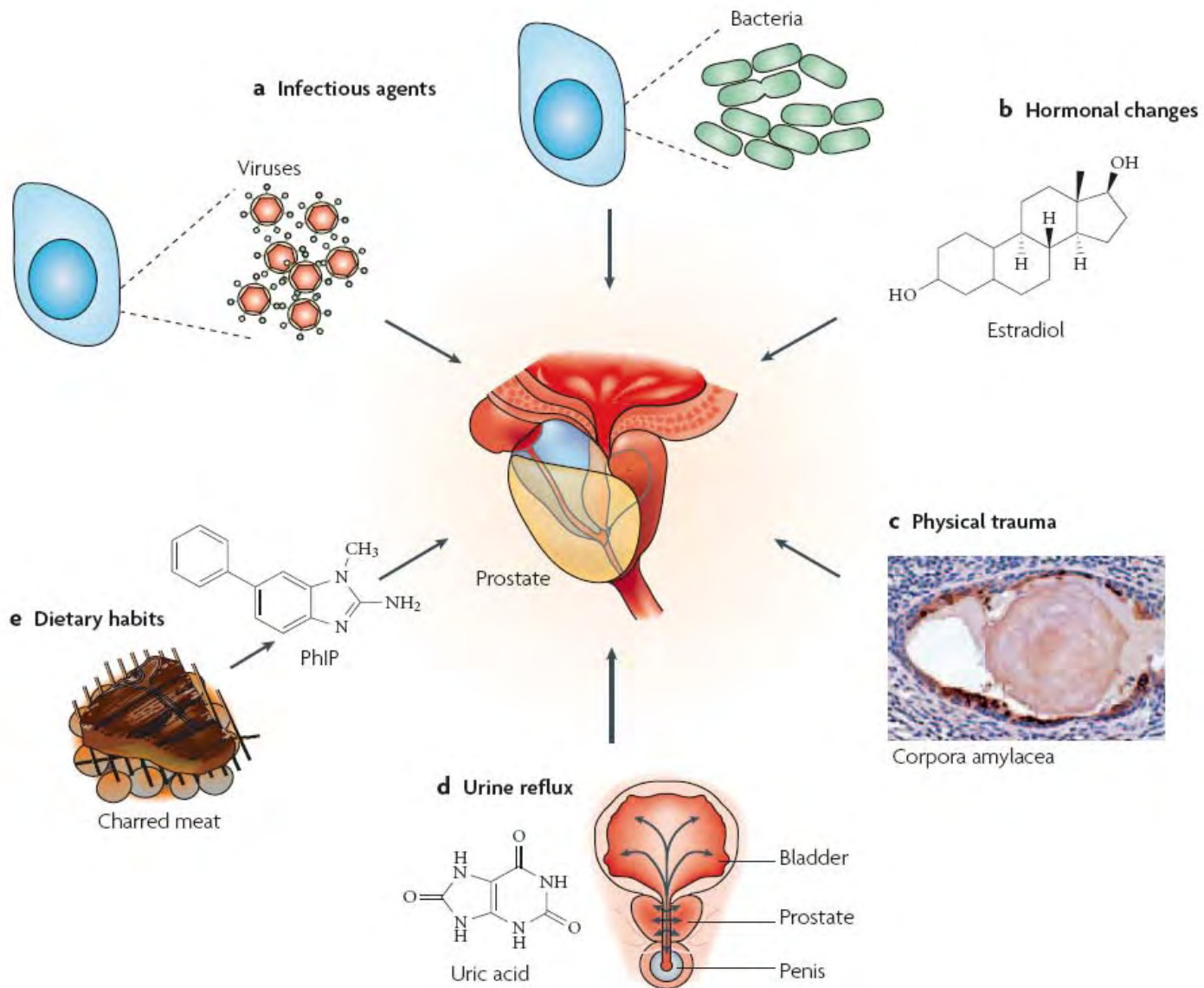
# “Charred meat”

- The prostate has been identified as a target for 2-amino-1-methyl-6-phenylimidazo[4,5-b]pyridine (PhIP)-induced carcinogenesis.
- Humans are exposed to PhIP through ingestion of well-done cooked meats.
- The alpha and pi class isoforms of glutathione S-transferases (GSTs) have been shown to inhibit adduction of activated PhIP metabolites to DNA.
- Silencing of GST pi(GSTP1) through CpG island hypermethylation is found in nearly all prostate carcinomas and is believed to be an early event in prostate carcinogenesis.

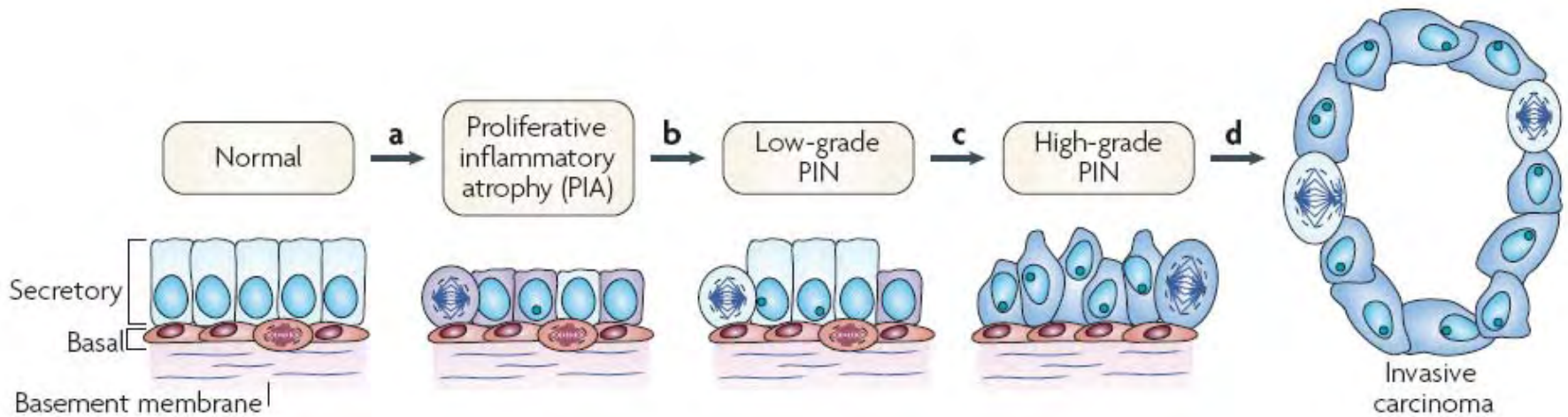
# “Viruses”

- A retrovirus has been found in prostate cancer tissue [xenotropic murine leukemia virus-related virus (XMRV)].
- Patients homozygous for a reduced activity variant of the antiviral enzyme RNase L appear to be a higher risk for developing prostate cancer.

# "Inflammation"




# PIA as a common endpoint of inflammation





# Current thoughts on lowering Prostate cancer risk

- Chemoprevention versus *chemosuppression*
    - soy
    - Vitamin E
    - selenium
    - green tea
    - lycopene
    - low fat diet
    - Vitamin D
    - no: saw grass palmetto, vitamin A, vitamin C, coQ10
- Study ongoing
- 

# Finasteride Chemoprevention Study

- 18,000 men randomized to finasteride 5 mg per day versus placebo
- 25% risk reduction in men who took agent
- Controversial because men who did develop PCa on finasteride had higher Gleason grade – this is being more closely looked at

# Prognostic factors for localized prostate cancer

- PSA (How much cancer is present)
  - 4-10 ng/ml
  - 10-20 ng/ml
  - >20 ng/ml      Cancer has escaped
- Gleason score (How bad the cancer looks)
  - 1-3
  - 4-6      moderately differentiated
  - 7
  - 8-10      poorly differentiated

# Localized Prostate Cancer Treatment Options

Active Surveillance

Radical Prostatectomy

- Radical retropubic prostatectomy

- Perineal prostatectomy

- Laparoscopic “robotic” prostatectomy

Radiation Therapy

- external beam

- seed implants (PSA < 7, <40 gram prostate)

- Seed implants + external beam (poor risk factors)

# Local Prostate Cancer Therapies – The future?

- Focal Therapy
  - IMRT
  - Cryosurgery
  - Photodynamic therapy
  - More to come, i.e. cavitation ultrasound

Treatment of “Localized” prostate cancer is dependent on its stage and prognostic factors

- Tumor present only in the gland (T1-T2) can be treated by surgery or radiation
  - implant therapy should only be used in prostates less than 40 grams in size and Gleason score  $<7$
- Tumor outside the gland (T3) is usually treated with external beam radiation

# Side effects of primary therapy

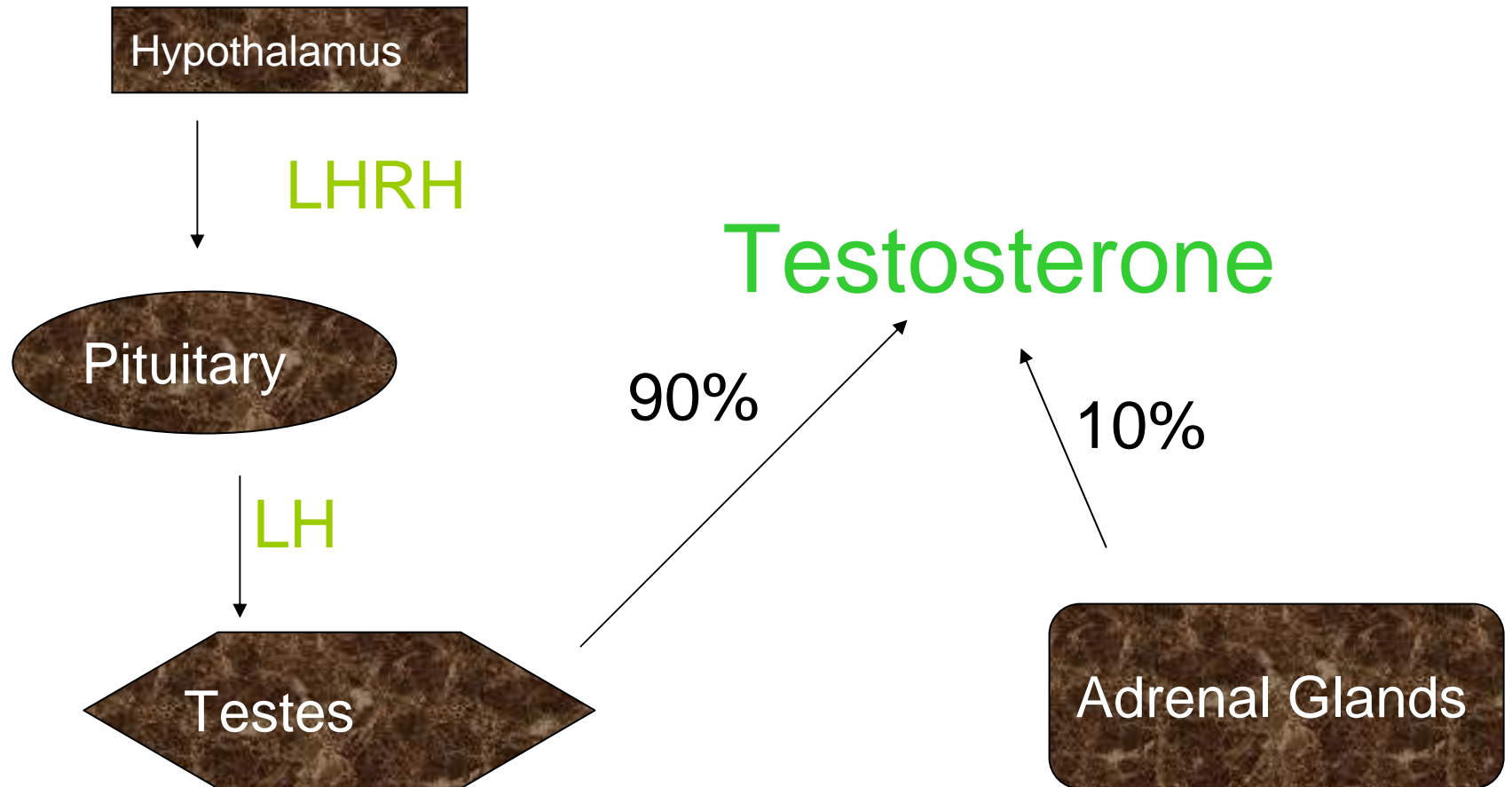
- Surgery:
  - 5-10% incontinence
  - 50-80% impotence
  - <1% death
- Radiation
  - 1-5% incontinence
  - 1-5% rectal injury / bleeding
  - 40-70% impotence
  - <1% death

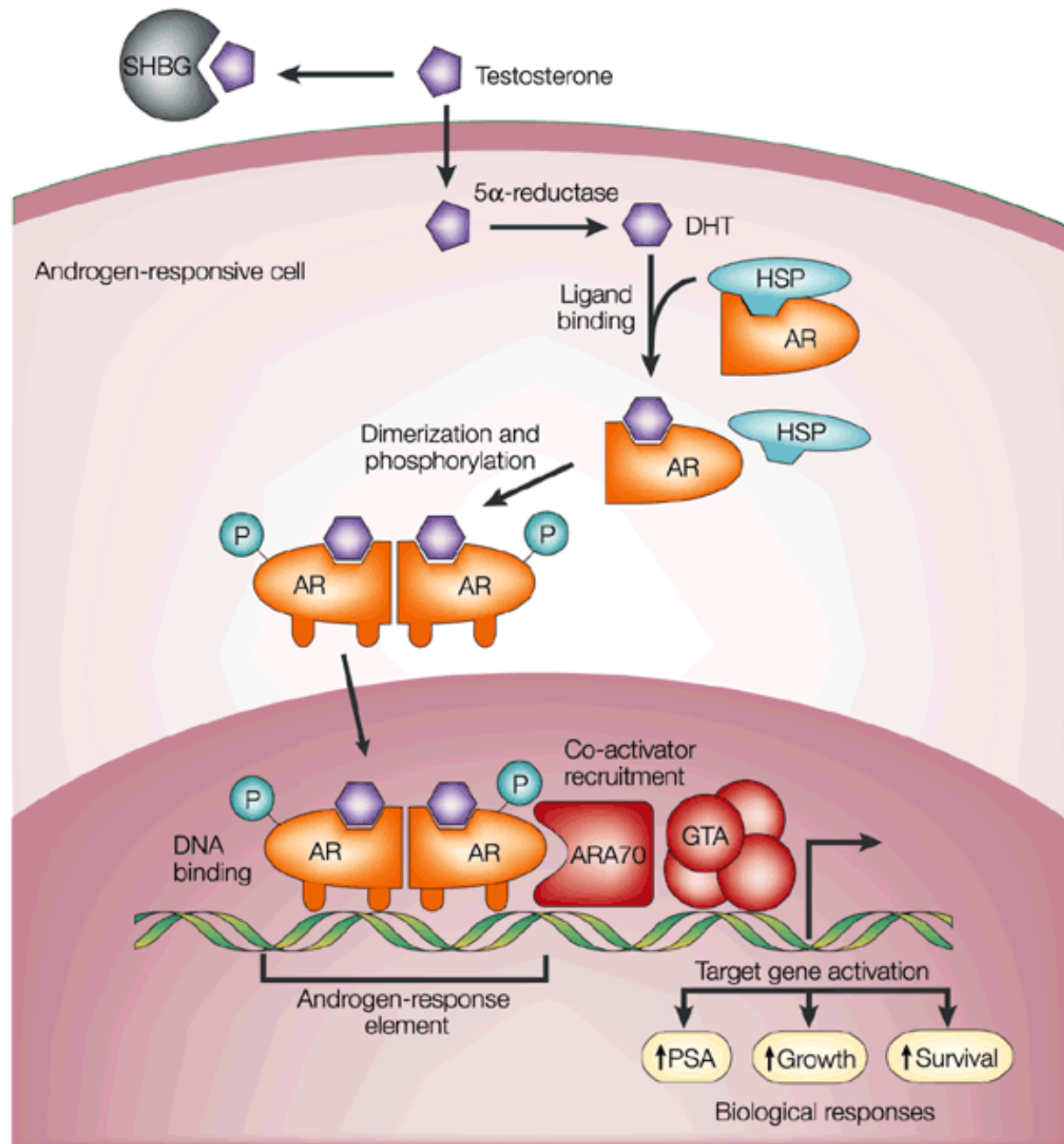


# Rising PSA after primary therapy

- After prostatectomy:
  - PSA  $<1.0$ , radiation to primary bed
  - prognosis better if rise after 1 year
- After radiation or RRP + radiation:
  - vaccine studies
  - hormone studies
  - chemotherapy studies
  - castration therapy - ? timing

# Testosterone Production





# Androgen ablation for advanced prostate cancer - primary therapy

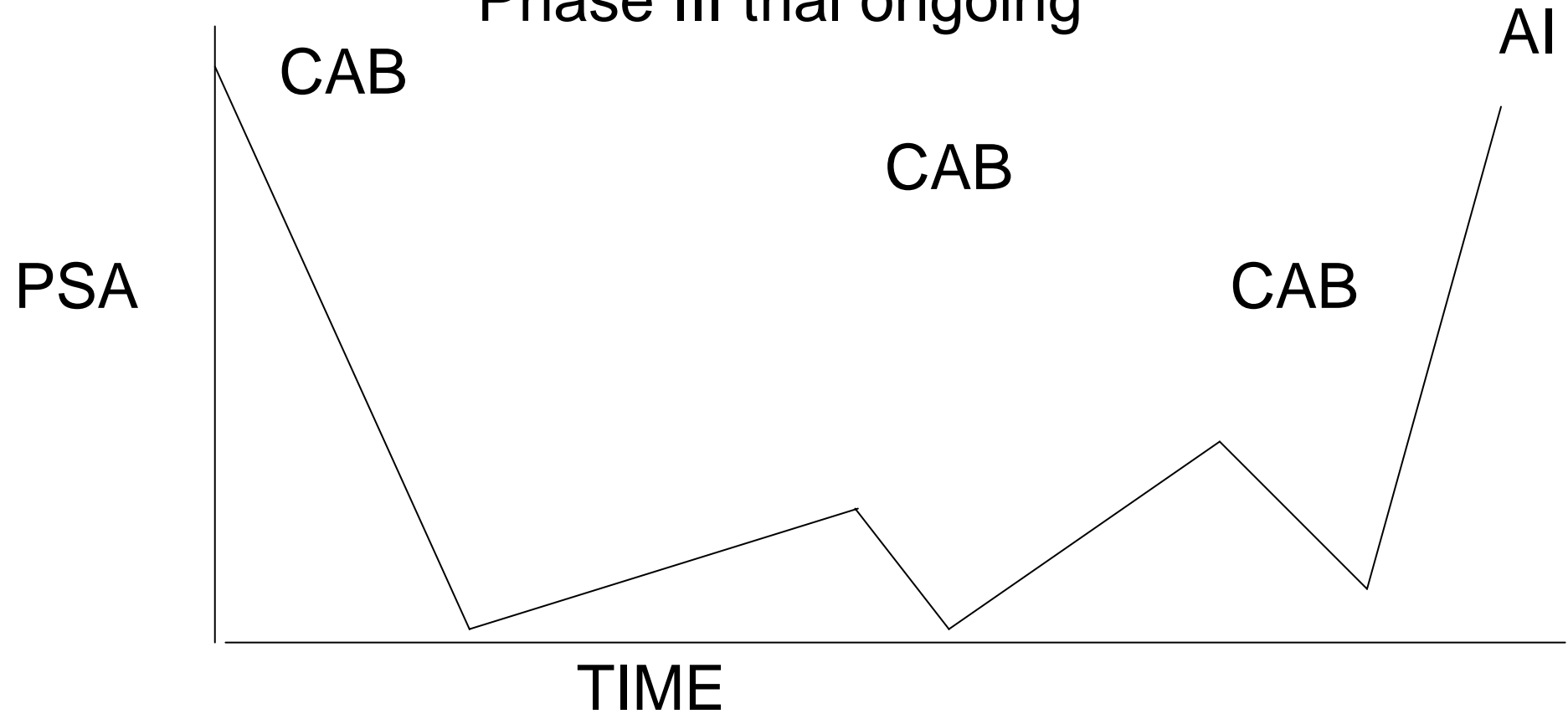
- Surgical castration
- LHRH analogs (lupron, zoladex)
  - nonsteroidal antiandrogens (flutamide, bicalutamide) = competitive antagonists for the androgen receptor
- Complete androgen blockade = LHRH + antiandrogen

# Intermittent androgen blockade:

May slow the growth of androgen insensitive cells

Improves quality of life in phase II trials

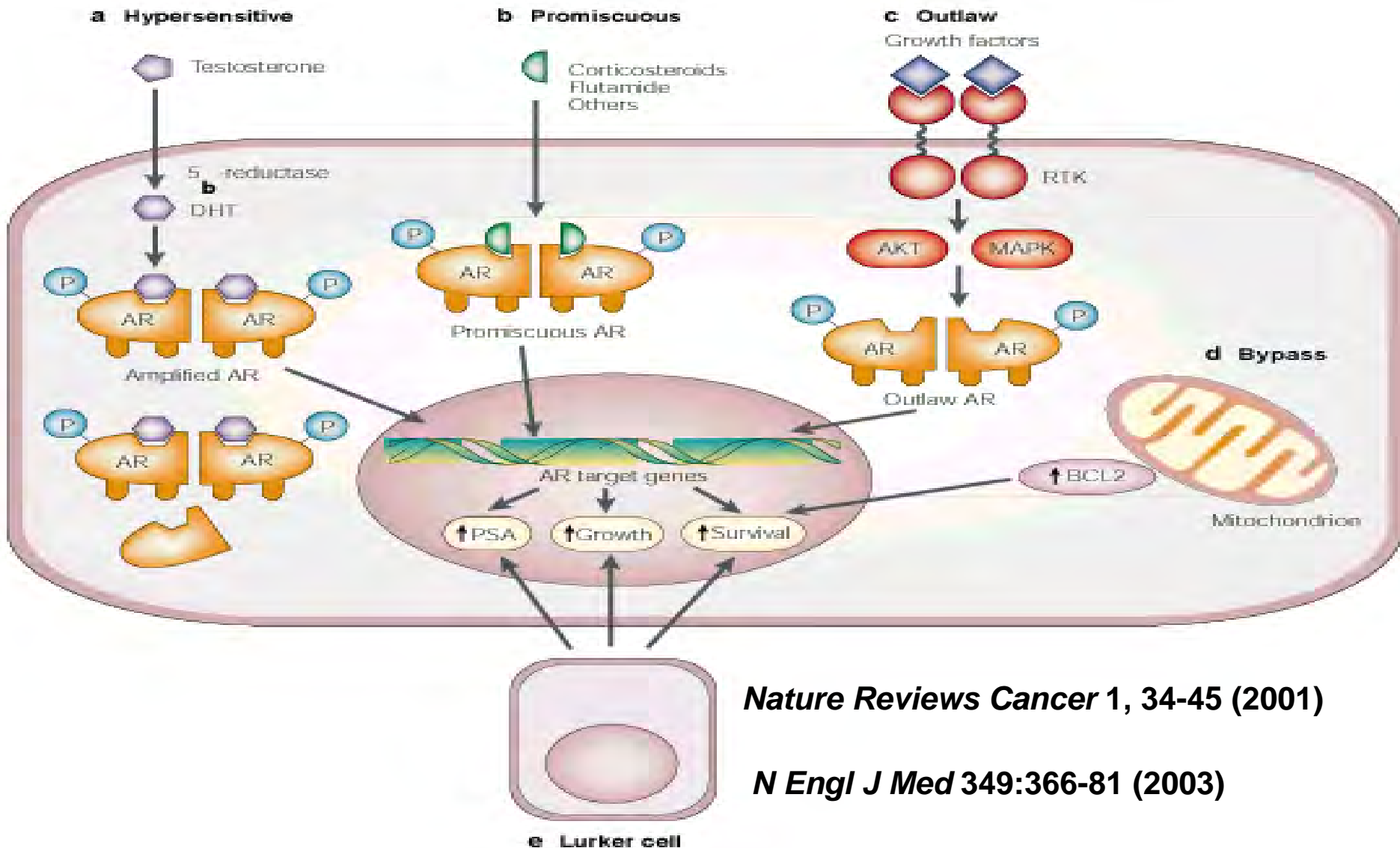
Phase III trial ongoing



## Total peripheral blockade

- 150 mg bicalutamide (Casodex) daily
- As first line therapy, may be as good as LHRH analogs
  - Boccardo et al:JCO;17,1999.

# Why does androgen blockade fail?



*Nature Reviews Cancer* 1, 34-45 (2001)

*N Engl J Med* 349:366-81 (2003)

## Treatment after Androgen blockade failure: Second Line Hormone Therapy

DES 1 mg po q day

40% of patients decreased PSA by > 50% for an average of 8 months

ESTROGEN 1.25 mg po q day

KETOCONAZOLE + PREDNISONONE

10-15%- 50% response rate

PREDNISONONE 10% response rate

HIGH DOSE BICALUTAMIDE (150 mg)

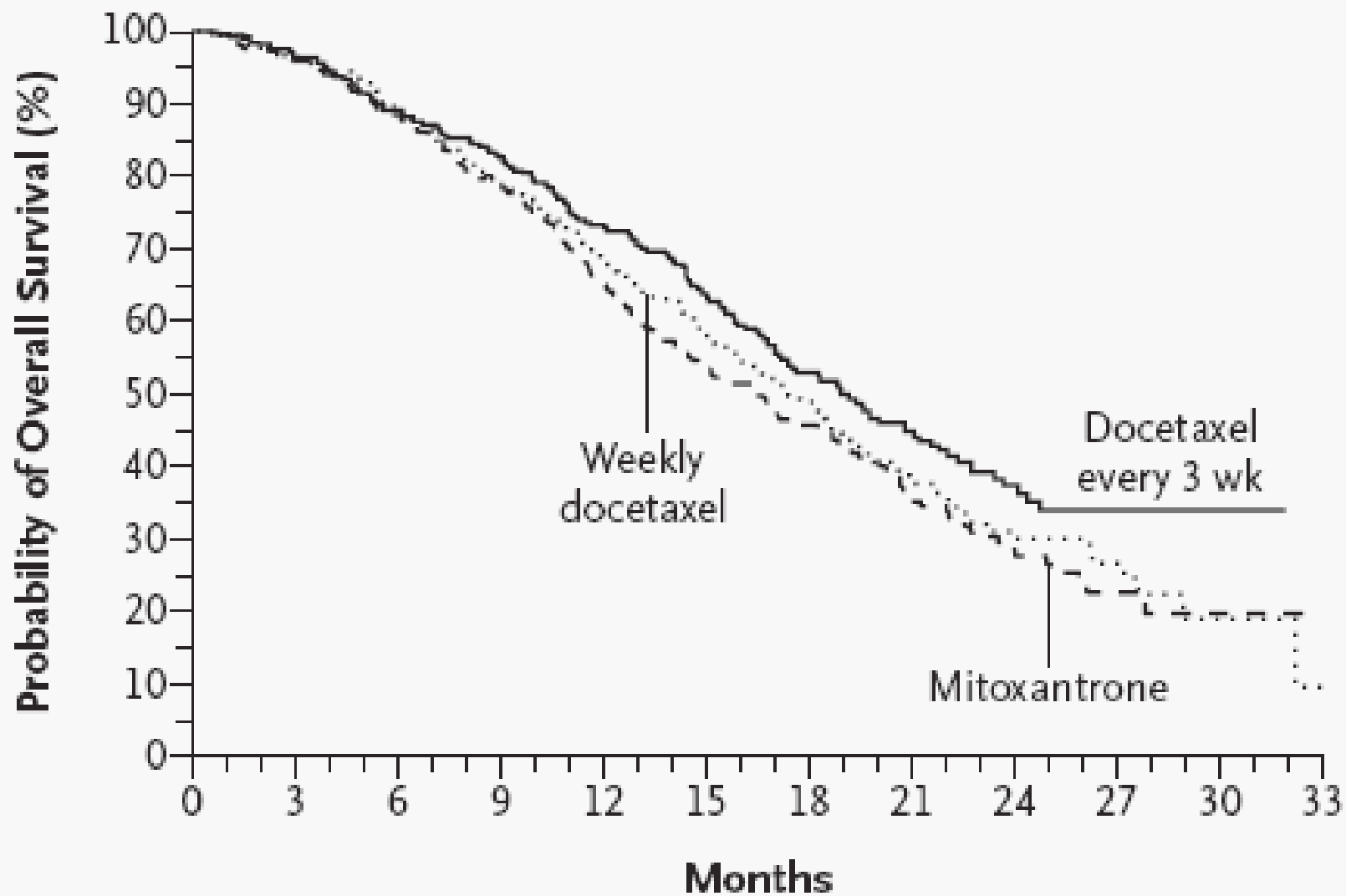
approximately 20% RR



# CHEMOTHERAPY FOR HORMONE REFRACTORY PROSTATE CANCER

# 2007 Chemotherapy

- 1<sup>st</sup> line: docetaxel 75 mg/m<sup>2</sup> every 3 wks  
+ prednisone 5 mg bid
  
- 2<sup>nd</sup> line: mitoxantrone 12 mg/m<sup>2</sup> every 3  
wks + prednisone 5 mg bid



**No. at Risk**

Docetaxel every 3 wk	335	296	217	104	37	5
Weekly docetaxel	334	297	200	105	29	4
Mitoxantrone	337	297	192	95	29	3

# Adjuncts to chemotherapy

- The bisphosphonate zometa to prevent skeletal related events
- Radioisotopes to treat bone pain

